

SOUTHERN COUNTIES BDFPA PL/SL CHAMPS 2012

29/01/2012

Competition				SQUAT																	Sub				BENCH				Sub				DEADLIFT				Sub		Total	Co eff.	Points	Place
FLT	Wt cat.	Body wt	Age Cat	UNEQ	DIV	Name	SQUAT				Sub Total	BENCH				Sub Total	DEADLIFT				Sub Total	Total	Co eff.	Points	Place																	
							1st Lift	2nd Lift	3rd Lift	4th Lift		1st Lift	2nd Lift	3rd Lift	4th Lift		1st Lift	2nd Lift	3rd Lift	4th Lift																						
70.00	66.50	M3			SC	ANN ROBERTSON	38.0 kg	40.0 kg	45.0 kg	123.0 kg	30.0 kg	35.0 kg	40.0 kg	105.0 kg	35.0 kg	30.0 kg	30.0 kg	95.0 kg	90.0 kg	90.0 kg	90.0 kg	80.0 kg	125.0 kg																			
80.00	73.70	T2			SC	EMILY DANCER	65.0 kg	75.0 kg	75.0 kg	215.0 kg	65.0 kg	32.5 kg	35.0 kg	132.5 kg	35.0 kg	70.0 kg	90.0 kg	90.0 kg	90.0 kg	90.0 kg	90.0 kg	90.0 kg	90.0 kg	190.0 kg																		
80.00	72.40	T3			SC	RACHEL COOK	70.0 kg	80.0 kg	80.0 kg	230.0 kg	90.0 kg	57.5 kg	62.5 kg	110.0 kg	65.0 kg	105.0 kg	110.0 kg	115.0 kg	115.0 kg	115.0 kg	115.0 kg	115.0 kg	115.0 kg	270.0 kg																		
80.00	79.90	T3			SC	RACHEL HAYES	60.0 kg	60.0 kg	65.0 kg	185.0 kg	65.0 kg	35.0 kg	40.0 kg	140.0 kg	35.0 kg	85.0 kg	105.0 kg	115.0 kg	115.0 kg	115.0 kg	115.0 kg	115.0 kg	115.0 kg	212.5 kg																		
58.50	58.40				SC	ROSIMERY LIMA	100.0 kg	100.0 kg	100.0 kg	300.0 kg	100.0 kg	67.5 kg	70.0 kg	137.5 kg	72.5 kg	140.0 kg	150.0 kg	155.0 kg	155.0 kg	155.0 kg	155.0 kg	155.0 kg	155.0 kg	327.5 kg																		
63.00	62.90	S			SC	LOUISE WATTON	132.5 kg	140.0 kg	147.5 kg	420.0 kg	140.0 kg	72.5 kg	75.0 kg	197.5 kg	77.5 kg	160.0 kg	170.0 kg	175.0 kg	175.0 kg	175.0 kg	175.0 kg	175.0 kg	175.0 kg	392.5 kg																		
90.00	91.20				SC	RACHEL COOK	100.0 kg	110.0 kg	115.0 kg	325.0 kg	110.0 kg	55.0 kg	60.0 kg	125.0 kg	60.0 kg	110.0 kg	120.0 kg	130.0 kg	130.0 kg	130.0 kg	130.0 kg	130.0 kg	130.0 kg	300.0 kg																		
63.00	61.70				SC	YOLANDA KENNEDY	75.0 kg	80.0 kg	85.0 kg	240.0 kg	85.0 kg	45.0 kg	50.0 kg	135.0 kg	52.5 kg	95.0 kg	107.5 kg	115.0 kg	115.0 kg	115.0 kg	115.0 kg	115.0 kg	115.0 kg	252.5 kg																		
80.00	70.50	J			SC	SHASHA BOWERS	85.0 kg	90.0 kg	95.0 kg	270.0 kg	90.0 kg	40.0 kg	45.0 kg	115.0 kg	45.0 kg	105.0 kg	110.0 kg	115.0 kg	115.0 kg	115.0 kg	115.0 kg	115.0 kg	250.0 kg																			
70.00	69.40	S			SE	EVELYN STENSON	115.0 kg	117.5 kg	120.0 kg	352.5 kg	120.0 kg	65.0 kg	70.0 kg	205.0 kg	75.0 kg	130.0 kg	140.0 kg	145.0 kg	145.0 kg	145.0 kg	145.0 kg	145.0 kg	145.0 kg	340.0 kg																		
80.00	76.60	S			SC	RACHEL CUNNINGHAM	90.0 kg	90.0 kg	102.5 kg	282.5 kg	102.5 kg	50.0 kg	55.0 kg	157.5 kg	57.5 kg	110.0 kg	125.0 kg	130.0 kg	130.0 kg	130.0 kg	130.0 kg	130.0 kg	130.0 kg	290.0 kg																		
67.50	67.00	M6			SC	MARTIN GODDEN	95.0 kg	102.5 kg	105.0 kg	302.5 kg	105.0 kg	75.0 kg	80.0 kg	260.0 kg	75.0 kg	127.5 kg	135.0 kg	142.5 kg	142.5 kg	142.5 kg	142.5 kg	142.5 kg	142.5 kg	322.5 kg																		
56.00	56.00	T1			SC	DOMINIC SNUDDEN	95.0 kg	102.5 kg	107.5 kg	305.0 kg	107.5 kg	62.5 kg	67.5 kg	222.5 kg	72.5 kg	110.0 kg	120.0 kg	125.0 kg	125.0 kg	125.0 kg	125.0 kg	125.0 kg	125.0 kg	290.0 kg																		
67.50	64.50	J			SC	STEVE TYERS	153.0 kg	162.5 kg	170.0 kg	485.5 kg	170.0 kg	100.0 kg	107.5 kg	387.5 kg	107.5 kg	210.0 kg	225.0 kg	230.0 kg	230.0 kg	230.0 kg	230.0 kg	230.0 kg	230.0 kg	502.5 kg																		
67.50	66.50	S			SC	BEN RICHENS	110.0 kg	125.0 kg	127.5 kg	362.5 kg	125.0 kg	80.0 kg	80.0 kg	245.0 kg	85.0 kg	130.0 kg	147.5 kg	155.0 kg	155.0 kg	155.0 kg	155.0 kg	155.0 kg	155.0 kg	365.0 kg																		
67.50	65.10	J			SC	THOMAS ROBERTS	90.0 kg	125.0 kg	135.0 kg	350.0 kg	135.0 kg	80.0 kg	100.0 kg	280.0 kg	100.0 kg	200.0 kg	215.0 kg	230.0 kg	230.0 kg	230.0 kg	230.0 kg	230.0 kg	230.0 kg	450.0 kg																		
67.50	67.40	S			SC	ALEX COLLINS	125.0 kg	135.0 kg	135.0 kg	400.0 kg	125.0 kg	65.0 kg	70.0 kg	200.0 kg	100.0 kg	155.0 kg	165.0 kg	170.0 kg	170.0 kg	170.0 kg	170.0 kg	170.0 kg	170.0 kg	395.0 kg																		
75.00	75.00	T2																																								
75.00	71.40	T2			SC	JORDAN RAINE	142.5 kg	155.0 kg	160.0 kg	457.5 kg	152.5 kg	75.0 kg	80.0 kg	267.5 kg	80.0 kg	162.5 kg	192.5 kg	205.0 kg	205.0 kg	205.0 kg	205.0 kg	205.0 kg	425.0 kg																			
75.00	73.10	J			SC	TERRY MINTY	132.5 kg	147.5 kg	157.5 kg	437.5 kg	157.5 kg	85.0 kg	90.0 kg	332.5 kg	90.0 kg	180.0 kg	200.0 kg	210.0 kg	210.0 kg	210.0 kg	210.0 kg	210.0 kg	210.0 kg	420.0 kg																		
75.00	74.00	J			SC	KEVIN ALMAZAN	130.0 kg	140.0 kg	150.0 kg	420.0 kg	140.0 kg	100.0 kg	100.0 kg	340.0 kg	100.0 kg	200.0 kg	200.0 kg	210.0 kg	210.0 kg	210.0 kg	210.0 kg	210.0 kg	210.0 kg	400.0 kg																		
75.00	74.10	J			SC	PHIL WOOD	102.5 kg	112.5 kg	117.5 kg	332.5 kg	112.5 kg	90.0 kg	90.0 kg	272.5 kg	90.0 kg	190.0 kg	200.0 kg	210.0 kg	210.0 kg	210.0 kg	210.0 kg	210.0 kg	210.0 kg	402.5 kg																		
75.00	68.60	J			SC	JASON DARE	120.0 kg	130.0 kg	135.0 kg	385.0 kg	130.0 kg	70.0 kg	75.0 kg	275.0 kg	75.0 kg	140.0 kg	150.0 kg	160.0 kg	160.0 kg	160.0 kg	160.0 kg	160.0 kg	345.0 kg																			
56.00	55.30	T2			SC	CALLUM GARTSHORE	80.0 kg	87.5 kg	90.0 kg	257.5 kg	87.5 kg	45.0 kg	50.0 kg	182.5 kg	50.0 kg	90.0 kg	100.0 kg	110.0 kg	110.0 kg	110.0 kg	110.0 kg	110.0 kg	110.0 kg	232.5 kg																		
75.00	71.60				SC	JOEL CUNNINGTON	150.0 kg	157.5 kg	162.5 kg	470.0 kg	157.5 kg	105.0 kg	110.0 kg	372.5 kg	110.0 kg	185.0 kg	197.5 kg	205.0 kg	205.0 kg	205.0 kg	205.0 kg	205.0 kg	205.0 kg	472.5 kg																		
75.00	73.30				SC	DJAMEL MEDDAH	120.0 kg	130.0 kg	135.0 kg	385.0 kg	120.0 kg	90.0 kg	95.0 kg	285.0 kg	95.0 kg	180.0 kg	200.0 kg	205.0 kg	205.0 kg	205.0 kg	205.0 kg	205.0 kg	205.0 kg	415.0 kg																		
5A	82.50	80.50	M9		U	SC	JOHN GALLAGHER	100.0 kg	100.0 kg	NA	100.0 kg	60.0 kg	60.0 kg	NA	60.0 kg	160.0 kg	190.0 kg	195.0 kg	195.0 kg	195.0 kg	195.0 kg	195.0 kg	345.0 kg																			
81.00	81.00	S			U	SC	WARREN HOOKER	140.0 kg	140.0 kg	150.0 kg	150.0 kg	150.0 kg	140.0 kg	140.0 kg	140.0 kg	140.0 kg	180.0 kg	200.0 kg	210.0 kg	210.0 kg	210.0 kg	210.0 kg	505.0 kg																			
80.00	80.00	J			U	SC	ALISTAIR CANNINGS	105.0 kg	110.0 kg	115.0 kg	130.0 kg	115.0 kg	105.0 kg	115.0 kg	115.0 kg	115.0 kg	210.0 kg	215.0 kg	220.0 kg	220.0 kg	220.0 kg	220.0 kg	375.0 kg																			
78.00	78.00	E			SC	JOSEPH COOGAN B DL	NA	NA	NA	#NUM!	127.5 kg	130.0 kg	137.5 kg	127.5 kg	190.0 kg	200.0 kg	210.0 kg	210.0 kg	210.0 kg	210.0 kg	210.0 kg	210.0 kg	325.0 kg																			
80.00	80.00	T3			U	SC	OWEN HUBBARD	205.0 kg	217.5 kg	225.0 kg	225.0 kg	225.0 kg	205.0 kg	205.0 kg	205.0 kg	230.0 kg	240.0 kg	240.0 kg	240.0 kg	240.0 kg	240.0 kg	240.0 kg	620.0 kg																			
81.40	81.40	J			U	SC	BEN WARD	145.0 kg	155.0 kg	160.0 kg	160.0 kg	160.0 kg	145.0 kg	145.0 kg	190.0 kg	200.0 kg	200.0 kg	200.0 kg	200.0 kg	200.0 kg	200.0 kg	457.5 kg																				
81.50	81.50	M1			U	SC	VINCE MINTY	185.0 kg	NA	NA	185.0 kg	185.0 kg	185.0 kg	185.0 kg	185.0 kg	185.0 kg	185.0 kg	185.0 kg	185.0 kg	185.0 kg	185.0 kg	385.0 kg																				
81.70	81.70	J			U	SC	ADAM SALLEY	NA	NA	NA	#NUM!	77.5 kg	82.5 kg	82.5 kg	170.0 kg	180.0 kg	190.0 kg	190.0 kg	190.0 kg	190.0 kg	190.0 kg	385.0 kg																				
82.40	82.40	M1			U	SC	MATTHEW ROWE	145.0 kg	170.0 kg	187.5 kg	187.5 kg	187.5 kg	125.0 kg	130.0 kg	130.0 kg	200.0 kg	230.0 kg	230.0 kg	230.0 kg	230.0 kg	230.0 kg	475.0 kg																				
81.40	81.40	J			U	SC	DAN EDWARDS	125.0 kg	135.0 kg	145.0 kg	145.0 kg	145.0 kg	90.0 kg	95.0 kg	95.0 kg	160.0 kg	180.0 kg	190.0 kg	190.0 kg	190.0 kg	190.0 kg	330.0 kg																				
81.80	81.80	J			U	SC	LASSIE TIELE	125.0 kg	132.5 kg	140.0 kg	140.0 kg	140.0 kg	90.0 kg	85.0 kg	85.0 kg	175.0 kg	185.0 kg	190.0 kg	190.0 kg	190.0 kg	190.0 kg	190.0 kg	415.0 kg																			
89.00	89.70	M4			U	SC	ANDY BONNER	222.5 kg	NA	222.5 kg	222.5 kg	140.0 kg	155.0 kg	155.0 kg	155.0 kg	255.0 kg	295.0 kg	295.0 kg																								