

1!! POSITION
 2!! DOWNWARDS
 3!! OTHER

SWPLA Open Championships 2011

Bodysports UK Cheltenham 10/4/11																			
M/W	Class	BWT	Name	Club	SQUAT			SQ	BENCH PRESS			BP	Sub.	DEADLIFT			DL	Total	Wilks pts
					1.	2.	3.	result	1.	2.	3.	result	Tot.	1.	2.	3.	result		
W	63	62.40	Michelle Constantine	Swindon	<u>130.0</u>	<u>140.0</u>	<u>150.0</u>	150.0	<u>65.0</u>	70.0	<u>70.0</u>	70.0	220.0	<u>130.0</u>	<u>140.0</u>		140.0	360.0	389.44
W	57	57.00	Rosimary Lima	BB	<u>140.0</u>	<u>147.5</u>	155.0	147.5	<u>72.5</u>	<u>77.5</u>	82.5	77.5	225.0	<u>147.5</u>	<u>157.5</u>	165.0	157.5	382.5	443.85
W	72	70.80	Lisa Hicks - Junior	BB	<u>100.0</u>	110.0	110.0	100.0	<u>57.5</u>	<u>65.0</u>	<u>67.5</u>	67.5	167.5	<u>100.0</u>	<u>107.5</u>	<u>112.5</u>	112.5	280.0	#REF!
W	84+	90.70	Jennifer Nicoll - M1	W-S-M					<u>75.0</u>	<u>80.0</u>	<u>85.0</u>	85.0	85.0					85.0	73.21
M	66	64.00	Steven Tyers	BB	<u>180.0</u>	<u>200.0</u>	<u>210.0</u>	210.0	<u>122.5</u>	<u>130.0</u>	137.5	130.0	340.0	<u>212.5</u>	<u>227.5</u>		227.5	567.5	457.22
M	74	71.70	Gary Prater - M1	Somer	<u>160.0</u>	<u>175.0</u>	180.0	175.0	<u>130.0</u>	137.5	137.5	130.0	305.0	<u>190.0</u>	<u>200.0</u>	210.0	200.0	505.0	371.67
M	83	82.00	John O'Riordan - M2	BSUK	<u>140.0</u>	<u>150.0</u>	<u>160.0</u>	160.0	115.0	<u>120.0</u>	<u>130.0</u>	130.0	290.0	<u>180.0</u>	<u>200.0</u>	<u>220.0</u>	220.0	510.0	342.90
M	83	78.00	Joseph Coogan	BB	<u>150.0</u>	<u>157.5</u>	<u>165.0</u>	165.0	<u>100.0</u>	105.0	107.5	100.0	265.0	<u>200.0</u>	<u>210.0</u>	215.0	210.0	475.0	####
M	83	83.00	Robert Lewis - Junior	Clevedon	<u>130.0</u>	<u>140.0</u>	145.0	140.0	<u>80.0</u>	<u>90.0</u>	100.0	90.0	230.0	<u>170.0</u>	<u>180.0</u>	<u>190.0</u>	190.0	420.0	264.79
M	83	83.00	Paul Coke - M1	SS	<u>150.0</u>	<u>160.0</u>	<u>170.0</u>	170.0	110.0	110.0	110.0	-----	Disq					Disq	
M																			
M	93	92.30	Nathan Henderson	Somer	<u>200.0</u>	<u>220.0</u>	<u>230.0</u>	230.0	<u>180.0</u>	<u>190.0</u>	200.0	190.0	420.0	<u>200.0</u>	<u>220.0</u>	230.0	220.0	640.0	402.04
M	93	93.00	Elmar Brown - Junior		<u>230.0</u>	240.0	<u>240.0</u>	240.0	120.0	<u>120.0</u>	<u>130.0</u>	130.0	370.0	240.0	240.0	<u>240.0</u>	240.0	610.0	383.20
M	93	93.00	Mark Eyre - M2	SS	150.0	<u>160.0</u>	170.0	160.0	112.5	<u>112.5</u>	<u>117.5</u>	117.5	277.5	<u>210.0</u>	<u>220.0</u>	225.0	220.0	497.5	#REF!
M	93	85.60	Carlin Jones - Junior	W-S-M					<u>150.0</u>	<u>160.0</u>	165.0	160.0	160.0					160.0	101.14
M	93	91.80	Nick Shotton Gale		<u>220.0</u>	<u>230.0</u>	235.0	230.0	170.0	170.0	170.0	-----	Disq	<u>220.0</u>	<u>230.0</u>	235.0	230.0	Disq	
M																			#REF!
M	105	94.00	Adi Milak	Guest	280.0	<u>287.5</u>	295.0	287.5	<u>180.0</u>	187.5	<u>187.5</u>	187.5	475.0	<u>250.0</u>	<u>260.0</u>	<u>270.0</u>	270.0	745.0	445.18
M	105	105.00	Robbie Rees - Junior	Guest	<u>215.0</u>	<u>230.0</u>	<u>237.5</u>	237.5	<u>150.0</u>	<u>162.5</u>	170.0	162.5	400.0	<u>252.5</u>	<u>280.0</u>	<u>287.5</u>	287.5	687.5	419.42
M	105	99.40	Adam Chaplin	Swindon	235.0	<u>250.0</u>	<u>260.0</u>	260.0	<u>165.0</u>	<u>175.0</u>	180.0	175.0	435.0	<u>240.0</u>	<u>250.0</u>	260.0	250.0	685.0	414.14
M	105	101.70	Tony Zhang	Swindon	<u>235.0</u>	<u>250.0</u>	260.0	250.0	<u>130.0</u>	<u>137.5</u>	<u>142.5</u>	142.5	392.5	<u>215.0</u>	<u>227.5</u>	<u>240.0</u>	240.0	632.5	532.12
M	120+	152.10	Adam Nash	Empire	<u>350.0</u>	370.0	370.0	350.0	<u>255.0</u>	267.5	<u>267.5</u>	267.5	617.5	<u>260.0</u>	<u>282.5</u>	<u>300.0</u>	300.0	917.5	#REF!

Records:

Side Referee _____

Chief Referee _____

Side Referee _____

