



UPDATE 1 27/11/11



Final Nominations for 2011 Championships

NOMINATIONS POWERLIFTING EQUIPPED

NOMINATIONS POWERLIFTING OPEN MEN

Class	Last Name	First Name	Country	Best total in last year
66	Rana	Shyam Singh	India	545
66	Wilkes	Darren	Wales	500
74	Richard	Phillip	Wales	757.5
74	Muir	Sean	Australia	690
74	Singh	Jasvinder	England	620
74	Neilson	Sam	Scotland	540
74	Bruce	Scott	Scotland	450
83	Palmer	Rob	England	862.5
83	Waheed	Kareem	Nigeria	730
83	Singh	Jaspreet	India	690
83	Burgess	Ben	England	670
83	Oluwatuyi	Mathew	Nigeria	620
83	Martin	Gary	Scotland	550
83	Coogan	Joseph	Wales	510
93	Watkins	Phillip	Wales	750
93	Love	Robert	Scotland	730
93	Smith	Martin	England	620
93	Sharma	Nitin	India	510
105	Francis	Howard	Wales	757.5
105	Van Der	Haer	South Africa	600
105	Mukesh	Pal	India	600
105	Ibrahim M	Idris	Nigeria	520
120	MacDonald	John	Canada	915
120	Banks	Ben	England	885
120	Lepeka	Nanai	Australia	767.5
120	Muritala	Muhammed	Nigeria	740
120	Karamveer		India	720
120	Sulaiman	Samsondeen	Nigeria	600
120	Wilkinson	Mike	Scotland	600

120+	Bowring Dean	England	1050

NOMINATIONS POWERLIFTING OPEN WOMEN

Class	Last Name	First Name	Country	Best total in last year
47	Akasta Pujarati		India	270
52	Kumari Sudha		India	330
57	Range Hesterki		South Africa	337.5
63	Watton Louise		Wales	462.5
63	De Sousa Michelle		South Africa	385
63	Constantine Michelle		England	372
63	Sushila Devi		India	300
72	Anamemere K Mabel		Nigeria	380

NOMINATIONS POWERLIFTING JUNIOR MEN

Class	Last Name	First Name	Country	Best total in last year
66	Tyers Stephen		England	585
66	Bruce Christopher		South Africa	492.5
66	Fourie Jaques		South Africa	460
74	Chahal Sunil		England	667
74	Duff James		England	657.5
74	Censori Michael		Australia	527.5
83	Valentine Nathan		South Africa	660
83	Hubbard Owen		Wales	640
93	Fourie Juan		South Africa	660
93	Bielby Peter		England	640
105	Grobler Martin		South Africa	685
105	Beaumont Lewis		England	600
120+	Parkes Thomas		Scotland	600

NOMINATIONS POWERLIFTING JUNIOR WOMEN

Class	Last Name	First Name	Country	Best total in last year
52	S Premala		India	360
57	Maritz Lize-Mari		South Africa	290
63	Adesanmi V Oluwatoyin		Nigeria	545
63	Cellamani		India	345
72	Moses Gloria		Nigeria	540
72	Suprita		India	300

NOMINATIONS POWERLIFTING SUB JUNIOR MEN

Class	Last Name	First Name	Country	Best total in last year
59	Pile Sam		England	350
66	Connor Andrew		England	480
83	Strang Ryan		England	527.5
83	Keyes Cameron		England	427
93	Johnston David		England	520
120	Cridland David		England	475

NOMINATIONS POWERLIFTING SUB JUNIOR WOMEN

Class	Last Name	First Name	Country	Best total in last year
47	Rowlands Sharn		England	250
63	Jordaan Anneke		South Africa	267.5
72	Hicks Lisa		England	305

NOMINATIONS POWERLIFTING MASTERS 1 MEN

Class	Last Name	First Name	Country	Best total in last year
59	Abraham Bino P		India	480
74	Vyas Bhuppinder		India	600
93	Bullock Joe		England	760
93	Gidney Paul		Canada	717.5
93	Adewale T.S		England	700
93	Nicholas Gerient		Wales	650
93	Agbabiaka Alu		Nigeria	590
93	Singh Manohar		India	540
105	Gott Steve		England	720

105	Butt Athar Kamran	Pakistan	700
105	Jordaan Christo	South Africa	655
120	Nicholls Tom	Canada	930
120	Greene Carlos	Trinidad & Tobago	780
120	Agboola Alexander	Nigeria	750
120	Manik Thosare	India	690
120+	Sadler Bob	Wales	760

NOMINATIONS POWERLIFTING MASTERS 1 WOMEN

Class	Last Name	First Name	Country	Best total in last year
57	Range	Hesterki	South Africa	337.5
63	De Sousa	Michelle	South Africa	385
63	Barrs	Helen	England	337.5
72	Blasbery	Jackie	England	440
84	Maton	Jean	England	480
84+	Shampa	Guha	India	450

NOMINATIONS POWERLIFTING MASTERS 2 MEN

Class	Last Name	First Name	Country	Best total in last year
66	Merza	Zia	England	432.5
74	Ottolanqui	Allen	England	592.5
83	Singh	Joga	England	540
83	Quarty-Gyamfi	Frank	England	540
93	Huff	Robert	South Africa	500
93	Moffatt	Tommy	Scotland	500
105	Wagh	B D	India	450
120	Ludick	Andre	South Africa	597.5

NOMINATIONS POWERLIFTING MASTERS 2 WOMEN

Class	Last Name	First Name	Country	Best total in last year
52	Hunter	Jenny	England	370
84+	Fitzsimmons	Geraldine	Scotland	380

NOMINATIONS POWERLIFTING MASTERS 3 MEN

Class	Last Name	First Name	Country	Best total in last year
66	Byre	Ted	England	420
74	Macrow	Stan	England	497.5
74	Amey	Mick	England	450
83	Lincoln	Willie	Scotland	640
83	Delaney	Ron	Canada	620
93	Jane	Kevin	England	710
105	Battisson	David	England	567.5
105	Dulling	Jim	England	567.5
105	Puran Singh	Kadyan	India	450

NOMINATIONS POWERLIFTING MASTERS 4 MEN *Maximum 3 lifters covering all classes*

Class	Last Name	First Name	Country	Best total in last year

NOMINATIONS POWERLIFTING MASTERS 3 WOMEN *Maximum 3 lifters covering all classes*

Class	Last Name	First Name	Country	Best total in last year
84	Hollands	Sue	England	435

NOMINATIONS UNEQUIPPED POWERLIFTING OPEN MEN

Class	Last Name	First Name	Country	Best total in last year
59	Sanjay		India	420
66	Rana Shyam Singh		India	510
66	Withington James		England	447.5
66	Bartlett Paul		England	447.5
66	Wilkes Darren		Wales	440
74	Cooper Paul		England	600
74	Simmons Chris		England	580
83	Sokoli Livingstone		Papua New Guinea	735
83	Croft Ben		England	585
83	Hubbard Owen		Wales	585
83	Hodgett Mark		England	582.5
83	Singh Shyam		India	540
83	Maddox Fraser		Scotland	400
93	Jones Carlin		Wales	652.5
93	Smets Matt		England	602.5
93	Smith Michael		Wales	600
93	Sukwinder Singh		India	570
105	Keys Marc		Scotland	725
105	Jovicevic Andrew		Australia	675
105	Walsh Jon		England	670
105	Parihar Balvinder		India	610
120	John Rhys		Wales	752.5
120	Saini Venkat		India	630
120	Jeevan Kumar		India	600

NOMINATIONS UNEQUIPPED POWERLIFTING OPEN WOMEN

Class	Last Name	First Name	Country	Best total in last year
47	Aksita Pujari		India	240
57	Priti Rani		India	270
57	Duncan Sharnell		New Zealand	260
72	Pulsan Linda		Papua New Guinea	475
72	Howell Louise		England	312
72	Nyers Kate		England	250
84+	Tushuizen Katherine		Australia	345

NOMINATIONS UNEQUIPPED POWERLIFTING JUNIOR MEN

Class	Last Name	First Name	Country	Best total in last year
59	Marshall	Philip	England	332
66	Tyers	Stephen	England	495
74	Susany	Lev	Australia	555
83	Long	Jack	England	582.5
83	Jones	Aled	Wales	545
83	Wray	Jeremy	Wales	540
83	Mawad	Rene	Australia	475
93	Eals	Anthony	England	595
105	Mills	David	England	645
105	Rees	Robert	England	717.5
105	Sava	Tudor	Australia	545
120	Walton	Joe	England	725
120	Nowicki	Duncan	Scotland	580
120+	Jones	Michael	Wales	785
120+	Pearce	Matthew	Wales	740
120+	Parkes	Thomas	Scotland	600
120+	Tarandeep	Singh	India	570

NOMINATIONS UNEQUIPPED POWERLIFTING JUNIOR WOMEN

Class	Last Name	First Name	Country	Best total in last year
57	Devi S	Premila	India	300
72	Embleton	Victoria	England	315

NOMINATIONS UNEQUIPPED POWERLIFTING SUB JUNIOR MEN

Class	Last Name	First Name	Country	Best total in last year
66	Cattermole	Ben	England	400
74	O'Brien	Sam	England	420
83	Macken	Xavier	Australia	447.5

NOMINATIONS UNEQUIPPED POWERLIFTING SUB JUNIOR WOMEN

Class	Last Name	First Name	Country	Best total in last year
72	Sharma Riya		India	270
72	Taylor Bronwyn		Scotland	260
84	Heminta Devi		India	240
84+	Narkhede Dipali		India	360

NOMINATIONS UNEQUIPPED POWERLIFTING MASTERS 1 MEN

Class	Last Name	First Name	Country	Best total in last year
74	Vyas Bhupinder		India	540
74	Lacoursier Gary		Canada	405
93	Cooper Chris		England	542.5
93	Singh Manohar		India	510
93	Ali Stephen		Scotland	300
105	Butt Athar Kamran		Pakistan	690
105	Giles Marc		England	645
105	MacNeill Jean Derek		Canada	597.5
120	Kirby Russell		England	770
120	Manik Toshare		India	630
120	Singh Ishar		India	600
120+	Latham Rod		England	602

NOMINATIONS UNEQUIPPED POWERLIFTING MASTERS1 WOMEN

Class	Last Name	First Name	Country	Best total in last year
63	Kalpana Sawant		India	330

NOMINATIONS UNEQUIPPED POWERLIFTING MASTERS 2 MEN

Class	Last Name	First Name	Country	Best total in last year
83	Guise Philip		England	537.5
83	O'Riordan John		England	510
93	Cole Roy		England	580
105	Mitchell John		England	700
105	Blackwell Steve		England	642.5
105	B D Wagh		India	450
120	Finch Ian		England	545

NOMINATIONS UNEQUIPPED POWERLIFTING MASTERS 2 WOMEN

Class	Last Name	First Name	Country	Best total in last year
47	Cornwall Marina		England	230

57	Taylor Carol	England	277
72	Wilkinson Sue	England	252.5
84	Vijaya Babji Mar	India	210

NOMINATIONS UNEQUIPPED POWERLIFTING MASTERS 3 MEN

Class	Last Name	First Name	Country	Best total in last year
59	Brown David		England	302.5

NOMINATIONS UNEQUIPPED POWERLIFTING MASTERS 4 MEN *Maximum of 3 lifters*

Class	Last Name	First Name	Country	Best total in last year

NOMINATIONS UNEQUIPPED POWERLIFTING MASTERS 3 WOMEN *Maximum of 3 lifter*

Class	Last Name	First Name	Country	Best lift in the last year

BENCH PRESS EQUIPPED NOMINATIONS

NOMINATIONS BENCH PRESS OPEN MEN

Class	Last Name	First Name	Country	Best Bench in last year
66	Gideon	Aaron	England	147.5
66	Wilkes	Darren	Wales	137.5
74	Fitzgerald	Ricardo	South Africa	170
83	Howard	Andrew	England	180
83	Singh	Sukhvinder	India	180
83	Singh	Sukhwinder	India	180
83	Waheed	Kareem	Nigeria	170
83	Smith	Martin	England	165
83	Oluwatuti	Mathew	Nigeria	140
83	Singh	Shyam	India	150
83	Coogan	Joseph	Wales	130
93	Wells	Ian	England	207.5
93	Veldman	Rickie	South Africa	200
105	Green	Martin	England	220
105	Parihar	Balvinder	India	180
105	Ibrahim M	Idris	Nigeria	150
120	Saini	Venkat	India	210
120	Douglas	Alex	New Zealand	202.5
120	Karamveer		India	190
120	Sulaiman	Samsondeen	Nigeria	160
120	Muritala	Muhammed	Nigeria	160
120+	Thomas	Rob	Wales	275

NOMINATIONS BENCH PRESS OPEN WOMEN

Class	Last Name	First Name	Country	Best Bench in last year
52	Kumari	Sudha	India	75
57	Dalling	Lee Ann	Canada	96.5
57	Maritz	Marie Ilze	South Africa	77.5
63	Watton	Louise	Wales	90
72	Momberg	Sanet	South Africa	140

NOMINATIONS BENCH PRESS JUNIOR MEN

Class	Last Name	First Name	Country	Best Bench in last year
59	Fourie	Jaques	South Africa	115
66	Tyers	Stephen	England	145
66	Dixon	Luke	England	90
74	Meyer	Jason	South Africa	180
74	Susany	Lev	Australia	175
83	Hubbard	Owen	Wales	175
83	Valentine	Nathan	South Africa	162.5
93	Shokeen	Sachin	India	180
105	Grobler	Martin	South Africa	200
120	Pennington	Michael	England	240
120	Karamveer		India	157.5
120+	Nolan Eugene		South Africa	232.5
120+	Edwards	Peter	Wales	220
120+	Fortin	Jared	England	192.5

NOMINATIONS BENCH PRESS JUNIOR WOMEN

Class	Last Name	First Name	Country	Best Bench in last year
52	J Ramalakshmi		India	90
57	Patel Nidhi Singh		India	75
63	Adesanmi V	Oluwatoyin	Nigeria	105
72	Moses	Gloria	Nigeria	110

NOMINATIONS BENCH PRESS SUB JUNIOR MEN

Class	Last Name	First Name	Country	Best Bench in last year
74	Geber	Christo	South Africa	145
120+	Mellor	Graham	England	195

NOMINATIONS BENCH PRESS SUB JUNIOR WOMEN

Class	Last Name	First Name	Country	Best Bench in last year
72	Hicks	Lisa	England	75
72	Sharma	Ria	India	37.5
84	Devi K.	Rosida	India	60
+84	Narkhede	Dipali	India	62.5
+84	Hemingta	Ch.	India	35

NOMINATIONS BENCH PRESS MASTERS 1 MEN

Class	Last Name	First Name	Country	Best in the last year
59	Sharma	Rajeev	India	75
59	Abraham	Bino P	India	90
66	Prater	Gary	England	132.5
74	Meachen	Lee	England	172
74	Lacoursiere	Gary	Canada	137.5
83	R B S	Thapa	India	150
93	Jefferies	James	England	247
93	Chaman	Lal	India	180
93	Agbabiaka	Olu	Nigeria	120
105	Morse	Rick	Australia	220
105	Butt Athar	Kamran	Pakistan	220
105	McCormish	John	England	180
105	Hammond	Paul	Wales	160
120	Cowern	Stewart	England	200
120	Frost	Phil	England	190
120	Singh	Ishar	India	165
120+	Jagwinder Singh	Cheema	India	180

NOMINATION BENCH PRESS MASTERS 1 WOMEN

Class	Last Name	First Name	Country	Best in the last year
63	Sawant	Kalpana	India	75
63	De Souza	Michelle	South Africa	67.5
84	Maton	Jean	England	100
+84	Guha	Sampa	India	97.5

NOMINATION BENCH PRESS MASTERS 2 MEN

Class	Last Name	First Name	Country	Best in the past year
105	Flett	Martin	Scotland	200
120	Hulme	Allan	England	180
120	Ludik	Andre	South Africa	175

NOMINATIONS BENCH PRESS MASTERS 2 WOMEN

Class	Last Name	First Name	Country	Best in the last year

NOMINATIONS BENCH PRESS MASTERS 3 MEN

Class	Last Name	First Name	Country	Best in the last year
74	Lee	Alexander	England	152.5
93	Edwards	Michael	Wales	115
93	Rees	Paul	Wales	115
105	Collins	Tom	England	182.5
105	Puran Singh	Kadyan	India	105
120	Smith	Fred	England	137.5

NOMINATIONS BENCH PRESS MASTERS 4 MEN *Maximum three lifters*

Class	Last Name	First Name	Country	Best in the last year
74	Prestage	Ron	New Zealand	117.5
83	McFadyen	Bill	Scotland	160

NOMINATIONS BENCH PRESS MASTERS 3 WOMEN *Maximum three lifters*

Class	Last Name	First Name	Country	Best in the last year

BENCH PRESS UNEQUIPPED NOMINATIONS

NOMINATIONS UNEQUIPPED BENCH PRESS OPEN MEN

Class	Last Name	First Name	Country	Best Bench in last year
59	Johnson	Will	England	100
59	Sanjay		India	90
66	Wilkes	Darren	Wales	120
74	Carlo Vincent Prakash		India	120
83	Smith Martin		England	165
83	Singh Sukhwinder		India	150
83	Cooper Paul		England	155
93	Wray Sheridan		England	160
93	Jones Carlin		Wales	160
105	Walsh Jon		England	172.5
105	Parihar Balvinder		India	150
120	Allison Jim		Scotland	180
120	Jeewan Kumar		India	150
120+	Booth	Richard	England	175

NOMINATIONS UNEQUIPPED BENCH PRESS OPEN WOMEN

Class	Last Name	First Name	Country	Best Bench in last year
52	Blake	Natalie	England	90
52	Poojarathi Akshatha		India	45
57	Rani Priti		India	50
63	Watton	Louise	Wales	80
63	Devi Naorem Sushila		India	45

NOMINATIONS UNEQUIPPED BENCH PRESS JUNIOR MEN

Class	Last Name	First Name	Country	Best Bench in last year
66	Tyers	Stephen	England	115
74	Susany	Lev	Australia	147.5
83	Hubbard	Owen	Wales	115
93	Shokeen	Sachin	India	165
120	Karamveer		India	157.5
120+	Parkes	Tom	Scotland	160

NOMINATIONS UNEQUIPPED BENCH PRESS JUNIOR WOMEN

Class	Last Name	First Name	Country	Best Bench in last year
57	Patel	Nidhi Singh	India	72.5
57	Devi S.	Premila	India	55
63	Cellamini		India	45
72	Supreetha		India	50
84	Devi K	Roshida	India	60

NOMINATIONS UNEQUIPPED BENCH PRESS SUB JUNIOR MEN

Class	Last Name	First Name	Country	Best Bench in last year
66	Cattermole	Ben	England	92

NOMINATIONS UNEQUIPPED BENCH PRESS SUB JUNIOR WOMEN

Class	Last Name	First Name	Country	Best Bench in last year
43	Ainsworth	Megan	England	50
72	Hicks	Lisa	England	65
72	Riya	Sharma	India	25
84	Hemingta	Devi	India	30
+84	Narkhede	Dipali	India	60

NOMINATIONS UNEQUIPPED BENCH PRESS MASTERS 1 MEN

Class	Last Name	First Name	Country	Best in the last year
-------	-----------	------------	---------	-----------------------

59	Sharma Rajiv	India	70
74	You Bill	Canada	160
74	Parab Rajesh G	India	120
83	Barrs Kevin	England	135
93	Chaman Lal	India	150
93	Cooper Chris	England	150
105	Butt Athar Kamran	Pakistan	190
105	Morse Rick	Australia	180
120	Toshare Manik	India	180
120	Singh Ishar	India	155
120+	Jagwinder Singh Cheema	India	160

NOMINATIONS UNEQUIPPED BENCH PRESS MASTERS 1 WOMEN

Class	Last Name	First Name	Country	Best in the last year
47	Inderjeet		India	35
84+	Nicoll Jeniffer		England	85
84+	Guha Sampa		India	97.5

NOMINATIONS UNEQUIPPED BENCH

PRESS MASTERS 2 MEN

Class	Last Name	First Name	Country	Best in the last year
74	Peacock Kevin		England	115
105	Wagh BD		India	120
105	Mehta Ashok Kumar		India	107.5

NOMINATIONS UNEQUIPPED BENCH PRESS MASTERS 2 WOMEN

Class	Last Name	First Name	Country	Best in the last year
47	Cornwall Marina		England	50
84	Vijaya Babji Mar		India	30

NOMINATIONS UNEQUIPPED BENCH PRESS MASTERS 3 MEN

Class	Last Name	First Name	Country	Best in the last year
59	Sharma Mohan Datt		India	60

83	Stringer Phil	England	150
93	Wray Paul	England	125
105	Kadyan Puran Singh	India	105

NOMINATIONS UNEQUIPPED BENCH PRESS MASTERS 4 MEN *Maximum Three Lifters*

Class	Last Name	First Name	Country	Best in the last year

NOMINATIONS UNEQUIPPED BENCH PRESS MASTERS 3 WOMEN *Maximum Three Lifters*

Class	Last Name	First Name	Country	Best in the last year