

| | | Dorset Powerlifting Championships | | | | | | | | | | | Sunday March 13th 2011 | | | | | | | | | |
|---|-----|-----------------------------------|---------|---------|---------|---|----------|----------|----------|-------------|----------|---------------------|------------------------|-----------|-----------|----------|----------|----------|----------|-------|--|--|
| Tot | U E | Name | Wt cat. | Body wt | Age Cat | Squat | | | | Bench Press | | | | Sub Total | Dead Lift | | | | Total | POWER | | |
| | | | | | | 1st Lift | 2nd Lift | 3rd Lift | 4th Lift | 1st Lift | 2nd Lift | 3rd Lift | 4th Lift | | 1st Lift | 2nd Lift | 3rd Lift | 4th Lift | | | | |
| FLIGHT 1 | | | | | | | | | | | | | | | | | | | | | | |
| 1 | U | Rebecca Brown | 63.00 | 62.40 | J | 40.0 kg | 50.0 kg | 60.0 kg | | 27.5 kg | 35.0 kg | 45.0 kg | | 105.0 kg | 40.0 kg | 60.0 kg | 80.0 kg | | 185.0 kg | Full | | |
| 2 | U | Alexandra Williams | 63.00 | 60.30 | T1 | 40.0 kg | 45.0 kg | 50.0 kg | | 25.0 kg | 30.0 kg | 32.5 kg | | 82.5 kg | 72.5 kg | 80.0 kg | | | 162.5 kg | Full | | |
| 3 | U | James King | 67.50 | 64.90 | J | 60.0 kg | 80.0 kg | 90.0 kg | | 50.0 kg | 65.0 kg | | | 155.0 kg | | | | | 155.0 kg | S/B | | |
| 4 | U | Nathan Brown | 82.50 | 81.00 | J | 70.0 kg | 80.0 kg | 100.0 kg | | 70.0 kg | | | | 170.0 kg | 100.0 kg | 110.0 kg | | | 280.0 kg | Full | | |
| 5 | U | Steve Brown | 90.00 | 90.00 | M1 | 70.0 kg | 80.0 kg | | | 60.0 kg | | | | 140.0 kg | | | | | 140.0 kg | S/B | | |
| 6 | U | Sam Brooks | 75.00 | 74.00 | U20 | 75.0 kg | 90.0 kg | 100.0 kg | | 75.0 kg | 82.5 kg | 87.5 kg | | 187.5 kg | 155.0 kg | 165.0 kg | 175.0 kg | | 362.5 kg | Full | | |
| 7 | U | George Heady | 75.00 | 73.80 | OPEN | | | | | 75.0 kg | 85.0 kg | | | 0.0 kg | | | | | 85.0 kg | BENCH | | |
| 8 | U | Brandon Audin | 90.00 | 85.60 | T1 | 90.0 kg | 100.0 kg | 105.0 kg | | 60.0 kg | 65.0 kg | 70.0 kg | | 175.0 kg | 110.0 kg | 120.0 kg | 125.0 kg | | 300.0 kg | Full | | |
| 9 | U | Charlie Lennon | 82.50 | 81.80 | J | | | | | 90.0 kg | 97.5 kg | 105.0 kg | | | | | | | 105.0 kg | BENCH | | |
| 10 | U | Ahmad Ghourab | 100.00 | 92.00 | OPEN | | | | | 80.0 kg | | | | | | | | | 80.0 kg | BENCH | | |
| 11 | U | Al Clark | 82.50 | 77.90 | J | | | | | | | | | | 150.0 kg | 160.0 kg | 170.0 kg | | 170.0 kg | DL | | |
| 12 | U | Phil Wood | 75.00 | 74.90 | J | 92.5 kg | 97.5 kg | 100.0 kg | | 87.5 kg | 90.0 kg | | | 190.0 kg | 170.0 kg | 185.0 kg | 190.0 kg | | 380.0 kg | Full | | |
| 13 | U | Jack Marshall | 90.00 | 87.10 | J | 100.0 kg | 110.0 kg | | | 100.0 kg | 110.0 kg | | | 220.0 kg | 190.0 kg | 200.0 kg | 207.5 kg | | 427.5 kg | Full | | |
| 14 | U | Marcus Royal | 100.00 | 97.70 | J | | | | | 95.0 kg | 102.5 kg | 112.5 kg | | | | | | | 112.5 kg | BENCH | | |
| 15 | U | Marcus Ryan | 90.00 | 85.60 | J | 110.0 kg | 120.0 kg | 130.0 kg | | 95.0 kg | 100.0 kg | 100.0 kg | | 230.0 kg | 165.0 kg | 180.0 kg | | | 410.0 kg | Full | | |
| 16 | U | Tom Hough | 90.00 | 88.10 | T3 | | | | | 95.0 kg | 102.5 kg | 107.5 kg | | | | | | | 107.5 kg | BENCH | | |
| FLIGHT 2 | | | | | | | | | | | | | | | | | | | | | | |
| 1 | U | Julian Dominique | 82.50 | 78.10 | J | 110.0 kg | 120.0 kg | 140.0 kg | | 90.0 kg | 95.0 kg | | | 235.0 kg | 150.0 kg | 175.0 kg | 195.0 kg | | 430.0 kg | Full | | |
| 2 | U | Paul Hindle | 75.00 | 75.00 | OPEN | 115.0 kg | 125.0 kg | | | 85.0 kg | 90.0 kg | 95.0 kg | | 220.0 kg | 140.0 kg | 150.0 kg | | | 370.0 kg | Full | | |
| 3 | U | Sola Aina | 110+ | 110.30 | OPEN | | | | | 100.0 kg | 110.0 kg | 125.0 kg | | 0.0 kg | | | | | 125.0 kg | BENCH | | |
| 4 | U | Daryl Burgess | 82.50 | 80.30 | | 115.0 kg | 120.0 kg | | | 100.0 kg | 105.0 kg | | | 225.0 kg | 175.0 kg | 182.5 kg | 187.5 kg | | 412.5 kg | Full | | |
| 5 | U | Richard Hawkins | 75.00 | 74.00 | | 115.0 kg | 125.0 kg | 132.5 kg | | 80.0 kg | | 90.0 kg | | 222.5 kg | 150.0 kg | 160.0 kg | 170.0 kg | | 392.5 kg | Full | | |
| 6 | U | Joe Wills | 75.00 | 73.60 | | 125.0 kg | 132.5 kg | | | 80.0 kg | 87.5 kg | | | 220.0 kg | 175.0 kg | 190.0 kg | | | 410.0 kg | Full | | |
| 7 | U | Aaron Markar | 75.00 | 74.90 | OPEN | 130.0 kg | 135.0 kg | 140.0 kg | | 95.0 kg | 100.0 kg | | | 240.0 kg | 190.0 kg | | | | 430.0 kg | Full | | |
| 8 | U | Adam Bowers | 90.00 | 83.80 | OPEN | 135.0 kg | | | | 67.5 kg | | | | 202.5 kg | 125.0 kg | 140.0 kg | 150.0 kg | | 352.5 kg | Full | | |
| 9 | U | Dennis Kravtsov | 100.00 | 90.50 | OPEN | 140.0 kg | 150.0 kg | | | 95.0 kg | 100.0 kg | | | 250.0 kg | 160.0 kg | 172.5 kg | | | 422.5 kg | Full | | |
| 10 | U | Ricky Evans | 90.00 | 89.80 | T3 | | 145.0 kg | | | | | | | 0.0 kg | 180.0 kg | 200.0 kg | | | OUT | Full | | |
| 11 | U | Beau Radcliffe- Thomas | 82.50 | 76.90 | T3 | 150.0 kg | | 160.0 kg | | 120.0 kg | 130.0 kg | 140.0 kg | | 300.0 kg | 170.0 kg | 185.0 kg | | | 485.0 kg | Full | | |
| 12 | U | Martin Smith | 75.00 | 74.80 | OPEN | 150.0 kg | | | | 130.0 kg | | | | 280.0 kg | 210.0 kg | | | | 490.0 kg | Full | | |
| 13 | U | Ashley Woodfall | 90.00 | 87.30 | M1 | 160.0 kg | | | | 135.0 kg | 140.0 kg | 145.0 kg | | 305.0 kg | | | | | 305.0 kg | S/B | | |
| 14 | U | Peter Sammes | 110.00 | 112.50 | J | 170.0 kg | 180.0 kg | 185.0 kg | | 135.0 kg | 142.5 kg | | | 327.5 kg | 190.0 kg | 200.0 kg | | | 527.5 kg | Full | | |
| 15 | U | Julian Fernandez | 90.00 | 88.10 | J | 175.0 kg | | | | 97.5 kg | 102.5 kg | 107.5 kg | | 282.5 kg | 230.0 kg | | | | 512.5 kg | Full | | |
| 16 | U | Vince Minty | 90.00 | 89.90 | M1 | 205.0 kg | 210.0 kg | 215.0 kg | | 155.0 kg | 162.5 kg | | | 377.5 kg | 235.0 kg | | | | 612.5 kg | Full | | |
| | | | | | | | | | | | | | | 0.0 kg | | | | | 0.0 kg | | | |
| DR = Divisional Record | | | | | | This result sheet must be signed & printed by all referees who adjudicated in the above competition | | | | | | | | | | | | | | | | |
| BR = British Record | | | | | | Ref's Signed | | | | | | Ref's in Block Caps | | | | | | | | | | |
| ER = European Record | | | | | | | | | | | | | | | | | | | | | | |
| WR = World Record | | | | | | | | | | | | | | | | | | | | | | |
| A copy of the results should be sent to: | | | | | | | | | | | | | | | | | | | | | | |
| The BDFPA General Secretary. The Records Registrars. Raw Power Editor | | | | | | | | | | | | | | | | | | | | | | |